

REPORT ON “TB MUKT BHARAT”

AWARENESS PROGRAMME

Date: 2nd September, 2026

Time: 11:00 AM

Venue: Panchakot Mahavidyalaya, Sarbari, Neturia, Purulia – 723121

Organized by: NCC Unit, Panchakot Mahavidyalaya

Supervision: CTO-in-Charge, Dr. Biplab Kahar

Introduction

The NCC Unit of Panchakot Mahavidyalaya, Sarbari, Neturia, Purulia – 723121, organized an awareness programme on “**TB MukT Bharat**” on **2nd September, 2026 at 11:00 AM** in the college premises. The programme was organized with the objective of creating awareness among NCC cadets, students, teaching and non-teaching staff about tuberculosis (TB), its symptoms, modes of transmission, prevention, early diagnosis and the importance of completing the prescribed course of treatment.

The programme was conducted under the supervision of **CTO-in-Charge Dr. Biplab Kahar**. The initiative was aimed at strengthening awareness and encouraging collective participation in the national endeavour to eliminate tuberculosis from India.

Participants and Dignitaries

The programme was graced by the presence of:

- **Dr. Saptarshi Chakraborty**, Principal, Panchakot Mahavidyalaya
- **Dr. Sanjib Pandit**, Resource Person, Harmadih Rural Hospital
- **Dr. Biplab Kahar**, CTO-in-Charge, NCC Unit, Panchakot Mahavidyalaya
- **60 NCC Cadets**
- Teaching and non-teaching staff of Panchakot Mahavidyalaya

The presence of the Principal, medical expert, NCC cadets and members of the college community contributed significantly to the success of the programme.

Objectives of the Programme

The major objectives of the “**TB MukT Bharat**” awareness programme were:

1. To create awareness about tuberculosis and its impact on individuals and communities.
2. To educate participants about the common signs and symptoms of TB.

3. To promote awareness regarding early diagnosis and timely treatment.
4. To dispel myths, misconceptions and stigma associated with tuberculosis.
5. To encourage people to seek appropriate medical advice in case of TB-related symptoms.
6. To motivate NCC cadets to act as **health-awareness ambassadors** in their families and communities.
7. To contribute towards the broader national mission of eliminating tuberculosis from India.

Proceedings of the Programme

The programme commenced at **11:00 AM** in the presence of the Principal, resource person, CTO-in-Charge, NCC cadets and members of the teaching and non-teaching staff.

At the outset, the participants were welcomed and the purpose and significance of the programme were briefly explained. The importance of public awareness and community participation in the fight against tuberculosis was highlighted.

The **Principal, Dr. Saptarshi Chakraborty**, addressed the gathering and appreciated the initiative taken by the NCC Unit. He emphasized the importance of awareness programmes in educational institutions and encouraged the NCC cadets to disseminate correct health-related information among their families and the wider community.

The **resource person, Dr. Sanjib Pandit of Harmadiah Rural Hospital**, delivered an informative and comprehensive awareness talk on tuberculosis. He discussed the causes, symptoms, transmission, diagnosis, prevention and treatment of TB. He particularly emphasized the importance of recognizing symptoms at an early stage and seeking medical attention without delay. He also highlighted the significance of adhering to the complete treatment regimen and avoiding stigma and discrimination against people affected by TB.

The interaction with the resource person provided the NCC cadets and staff with an opportunity to clarify their doubts and gain a better understanding of tuberculosis and preventive health practices.

Role of NCC Cadets

The **60 NCC cadets** participated actively in the programme. They were sensitized to their potential role in spreading awareness about tuberculosis within their families, educational institutions and local communities.

The cadets were encouraged to communicate scientifically accurate information about TB and to promote responsible health-seeking behaviour. Through such activities, the NCC Unit seeks to develop a sense of social responsibility and community service among its cadets.

Outcome of the Programme

The programme successfully created awareness among the participants regarding tuberculosis and the importance of collective efforts for its prevention and elimination. The interaction with the medical expert helped participants understand the importance of early detection, appropriate treatment and prevention of transmission.

The programme also reinforced the message that tuberculosis is a **preventable and treatable disease** and that social awareness, timely diagnosis, proper treatment and community participation are essential for achieving the goal of a TB-free India.

The involvement of NCC cadets in such health-awareness initiatives is expected to help carry the message beyond the college campus and into the surrounding community.

Conclusion

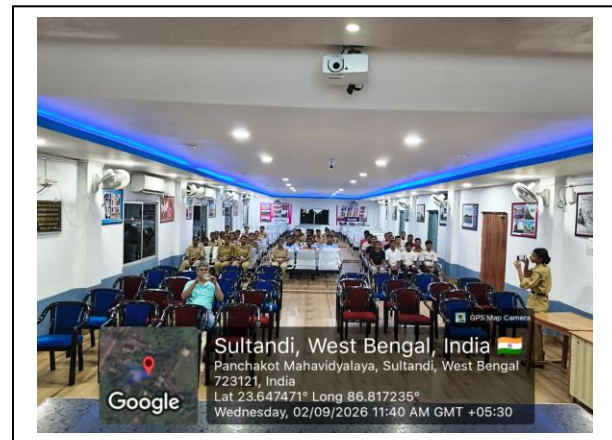
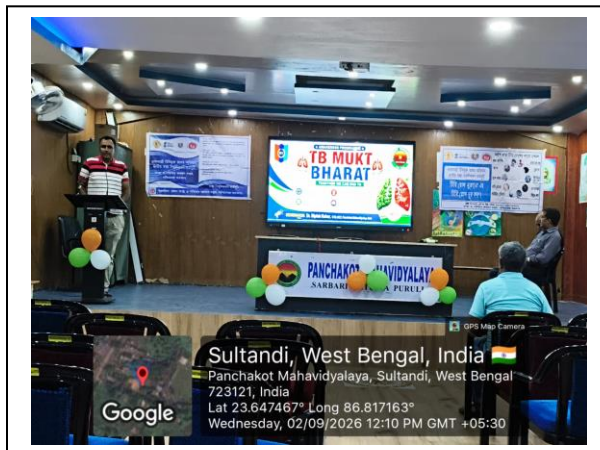
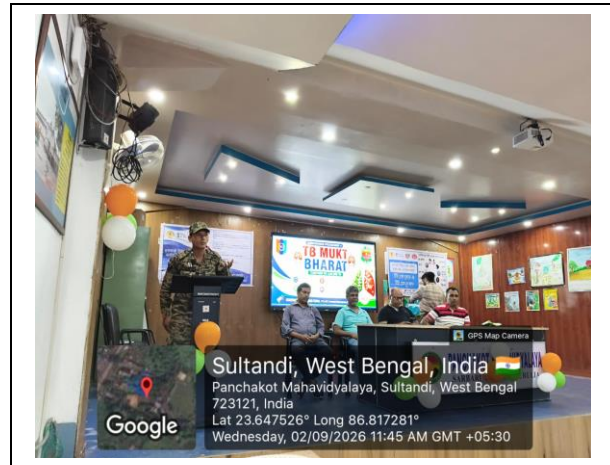
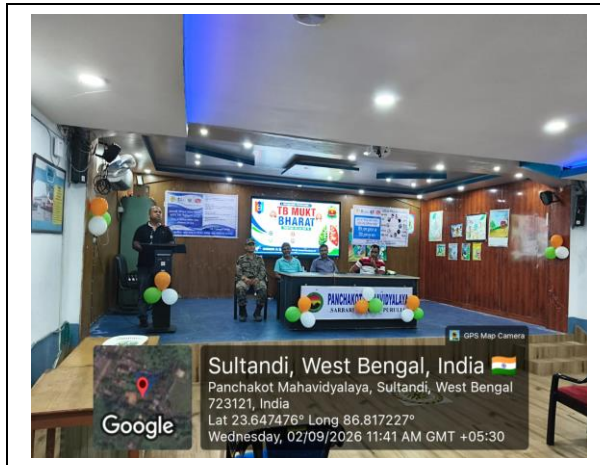
The “**TB MukT Bharat**” Awareness Programme organized by the NCC Unit of Panchakot Mahavidyalaya on **2nd September, 2026** was successfully conducted with active participation from the NCC cadets and members of the college community.

The guidance of **Dr. Sanjib Pandit**, the presence and encouragement of **Principal Dr. Saptarshi Chakraborty**, and the supervision of **CTO-in-Charge Dr. Biplab Kahar** contributed significantly to the success of the programme.

The programme served as an important platform for spreading awareness about tuberculosis and promoting the values of health consciousness, social responsibility and community participation among the NCC cadets and the college community.

Photo Gallery of the Programme:





Prepared by:

Biplab Kahar

Dr. Biplab Kahar

CTO-in-Charge, NCC Unit

Panchakot Mahavidyalaya

Sarbaroi, Neturia, Purulia – 723121