Affiliated to Sidho Kanho Birsha University, Purulia



### Department of Botany

Add-on/ Certificate Course

Herbal Plants in India

Session: 2022-23

### **Brochure**



### **Panchakot Mahavidyalaya**

SARBARI, NETURIA, PURULIA, WEST BENGAL

### Certificate Course on Herbal Plants in India

Add On Course, Dept. of Botany

Duration: 32 hrs.

For detailed schedule log-on to: www.panchakotmv.ac.in

Course Coordinator: Srimanta Kanji, HOD, Dept. of Botany

### Aim of the Course:

Objective of this course is to familiarize the participants to each plant or herb that has a specific quality and can be used to treat multitude of ailments and diseases. Medicinal plants like aloe, turmeric, tulsi, pepper, elachi and ginger are commonly used in a number of home remedies and are considered to be the best aid among fighting ailments related to throat and skin. As a rich source of nutrients, anti-bacterial and antioxidant properties. ayurvedic herbs are non-toxic in nature and so the products or remedies made using them are often recommended for their high therapeutic value.

Treatment with herbal medicinal plants also hold a strong ground because these plants are considered to be safe and have no side effects. Since they are in sync with nature, they hold greater advantage over chemically treated products and synthetic medicines

### Course Content:

➤ Module 1 (4 hours): Introduction to Ayurveda, various features, Herbal plants used in ayurveda.

Module 2 (4 hours): Medicinal plants, Ayurvedic herbs and their

≻Module 3 (4 hours): Set1-Vasaka, Ananas, Babool, Brahmi, Dhaniya, Kalmegh, Lashun

➤Module 4 (4 hours): Set2-Nagarmotha, Punarnava, Shalparni, Tulsi, Vridhadaru, Agarkasth, Ashok, Bharangi, Chitvan, Mulethi,

Pippali, Shalai Guggal

Module 5 (4 hours): Ankol, Badi Elaichi, Chirchita, Kanghi,
Malakangini, Guggulu, Kadirkasth, Tamalpatra

Module 6 (4 hours): Neem, Pyaj, Shatavari, Ulatkambal, Yavasa, Meetha Vish, Patha, Senna, Varun ➤Module 7(± hours): Akarkara, Ashgandh, Bael, Chitrak, Ghee

Kunwar, Supari, Vajradanti, Amla, Atees, Bhojpatra

Module 8 (4 hours): Ketaki, Mandukparni, Palasa, Ratti, Shirish, Bach, Amaltas, Dalchini, Jimikand, Kulanjan,

To
The Principal
Panchakot Mahavidyalaya
Sarbari, Neturia, Purulia

Applicant: Srimanta Kanji, Department of Botany

Subject: Proposal for certificate course in 'Herbal Plants in India' for the session 2022-2023

Respected Sir,

With respect to the above mentioned subject, I am submitting herewith the proposal to conduct the certificate course in "Herbal Plants in India" by the department of Botany of our college in the session 2022-2023 in offline mode. This course will create awareness among the students about the ancient Indian tradition of herbal plants and their importance and may boost their confidence to build up career in this field.

Hope you will consider my application and I kindly request you to sanction the same.

Date: 24.01.2023

Place: SayHari

Your sincerely, HOD, Botany

Enclosure: (1) Proposal (2) Curriculum of the course

Affiliated to Sidho Kanho Birsha University, Purulia

### Proposal for conducting Short Term Certificate Courses Session: (2022-2023)

### 1. Details of the applicant department:

I. Name of the college: Panchakot Mahavidyalaya,

II. Address of the college: Sarbari, PO: Neturia, District: Purulia, Pin: 723121

III. Name of the applicant department: Botany

### 2. Details of the course proposed:

I. Name of the course: Herbal Plants in India

II. Target participants: Undergraduate students from any stream

III. Duration of the course: 32 hrs. IV. Medium of instruction: English

### 3. Details of the faculty:

I. Whether the college provides degree related to the proposed course: No

II. Whether the course is prepared by experts from related field: yes (by departmental faculty)

III. Information of course coordinator:

IV. Details of faculty members to be appointed for this course:

Sr. No.	Name	Department	Qualification
1	Srimanta Kanji	Botany	MSc in Botany
2	Santosh Pandey	Botany	MSc in Botany

### 4. Details of the infrastructure needed/available for this course:

I. Classroom: Available

II. Books: Available in central library

III. Computer facility: Computer lab and departmental computer facility

Signature of Course coordinator

Affiliated to Sidho Kanho Birsha University, Purulia

### Department of Botany

Add-on/ Certificate Course Herbal Plants in India Syllabus (2022-2023)

### **Duration: 32 hrs**

- Module 1 (4 hours): Introduction to Ayurveda, various features, Herbal plants used in ayurveda.
- Module 2 (4 hours): Medicinal plants, Ayurvedic herbs and their uses.
- Module 3 (4 hours): Set1-Vasaka, Ananas, Babool, Brahmi, Dhaniya, Kalmegh, Lashun.
- Module 4 (4 hours): Set2-Nagarmotha, Punarnava, Shalparni, Tulsi, Vridhadaru, Agarkasth, Ashok, Bharangi, Chitvan, Mulethi, Pippali, Shalai Guggal
- Module 5 (4 hours): Ankol, Badi Elaichi, Chirchita, Kanghi, Malakangini, Guggulu, Kadirkasth, Tamalpatra
- Module 6 (4 hours): Neem, Pyaj, Shatavari, Ulatkambal, Yavasa, Meetha Vish, Patha, Senna, Varun
- Module 7(4 hours): Akarkara, Ashgandh, Bael, Chitrak, Ghee Kunwar, Supari, Vajradanti, Amla, Atees, Bhojpatra
- Module 8 (4 hours): Ketaki, Mandukparni, Palasa, Ratti, Shirish, Bach, Amaltas, Dalchini, Jimikand, Kulanjan,

Assessment: Written Test and/or Viva-Voce

Signature Course Coordinator

Affiliated to Sidho Kanho Birsha University, Purulia

### Department of Botany

Certificate Course Herbal Plants in India Session: (2022-2023)

Course coordinator: Srimanta Kanji, HOD, Botany

### **Details of the Course**

Course Objective: Objective of this course is to familiarize the participants to each plant or herb that has a specific quality and can be used to treat multitude of ailments and diseases. Medicinal plants like aloe, turmeric, tulsi, pepper, elachi and ginger are commonly used in a number of home remedies and are considered to be the best aid among fighting ailments related to throat and skin. As a rich source of nutrients, anti-bacterial and antioxidant properties, ayurvedic herbs are non-toxic in nature and so the products or remedies made using them are often recommended for their high therapeutic value.

Treatment with herbal medicinal plants also hold a strong ground because these plants are considered to be safe and have no side effects. Since they are in sync with nature, they hold greater advantage over chemically treated products and synthetic medicines.

### **Schedule**

Day	Hours	Timing/Duration	Resource Person	Venue	Topic
1	02	4:00-6:00 PM	Santosh Pandey (SP)	Dept of Botany	Module-I
2	02	4:00-6:00 PM	Srimanta Kanji (SK)	Dept of Botany	Module-I
3	02	4:00-6:00 PM	SK	Dept of Botany	Module-II
4	02	4:00-6:00 PM	SP	Dept of Botany	Module-II
5	02	4:00-6:00 PM	SK	Dept of Botany	Module-III

6	02	4:00-6:00 PM	SP	Dept of	Module-III
7	02	4:00-6:00 PM	SK	Botany Dept of Botany	Module-IV
8	02	4:00-6:00 PM	SP	Dept of Botany	Module-IV
9	02	4:00-6:00 PM	SP	Dept of Botany	Module-V
10	02	4:00-6:00 PM	SK	Dept of Botany	Module-V
11	02	4:00-6:00 PM	SP	Dept of Botany	Module-VI
12	02	4:00-6:00 PM	SK	Dept of Botany	Module-VI
13	02	4:00-6:00 PM	SP	Dept of Botany	Module-VII
14	02	4:00-6:00 PM	SK	Dept of Botany	Module-VII
15	02	4:00-6:00 PM	SK	Dept of Botany	Module-VIII
16	02	4:00-6:00 PM	SP	Field	Module-VIII

**Expected Outcome:** This course will familiarize the participants to each plant or herb that has a specific quality and can be used to treat multitude of ailments and diseases. Medicinal plants like aloe, turmeric, tulsi, pepper, elachi and ginger are commonly used in a number of home remedies and are considered to be the best aid among fighting ailments related to throat and skin. As a rich source of nutrients, anti-bacterial and antioxidant properties, ayurvedic herbs are non-toxic in nature and so the products or remedies made using them are often recommended for their high therapeutic value. This course will motivate the students for higher education in this field and cultivation of herbal plants which will encourage them to build up their career in the field of Ayurveda.

The participants will learn about treatments with herbal medicinal plants which are considered to be safe and have no side effects. Since they are in sync with nature, they hold greater advantage over chemically treated products and synthetic medicines.

Signature
Course Coordinator

Affiliated to Sidho Kanho Birsha University, Purulia

Department of Botany

Certificate Course Herbal Plants in India Session: (2022-2023)

Ref No:

Date: 2.2.2023

### **Notice**

This is to notify that the Department of Botany, Panchakot Mahavidyalaya is going to conduct an Add On/Certificate courses under the title as stated above. The course will be conducted from  $\frac{7/2/2023}{2023}$  to  $\frac{28/2/2023}{2023}$  in offline mode.

Interested students are requested to contact the concerned teacher(s) of the department/course coordinator for further course details (such as course duration, schedule, module etc.) as well as enrollment in the course.

HOD, Department of Botany

Principal

PANCHAKOT MAHAVIDYALAYA
Sarbari Neturia Puralia
Principal.

Panchakot Mahavidyalaya

Sarbari, Neturia, Purulia

Affiliated to Sidho Kanho Birsha University, Purulia

Department of ... Botany.....

Certificate Course Name Herbal Plants in India Session: (20.22-20.23.)

### **List of Enrolled Students**

Sr. No.	Students Name	Roll Number	Seme	Student Signature
01	EMELY SORER	220001142	2	Emely Sopen.
02	JAYASHRI BAVRI	220000242	2	Jayashri Bowri
03	BOBITA TUDU	220000583	2	Bobita Tudu
04	Liplka BANERJEE	220000181	2	Babita Tudu Lipika Bonoziee.
05	TRISHNA MANDAL	220001524	2	Trushne Mandal
06.	RAJIB BAURI	22000079	2	Rajib Bolieri
07	SUJATABAURI	210001044	4	Sujata Bensi
07	APARNA GORAI	210000464	4	Aparna Gonai

Principal
PANCHAKOT MAHAVIDYALAYA
Sarbari Neturia Puralia

Signature Course Coordinator

Affiliated to Sidho Kanho Birsha University, Purulia Department of .... Botany....

Session: (20.22...-20.23....)

Attendance Sheet

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Name of Student		EMELY SORER	JAYASHRI BAURI	BOBITA TUDUT	4. LIPIKA BANERJEE	TRISHMA MANDAL	RAJIB BAUTE	SUSATA BAURI	8. APARMA GORAI		
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PANCHAKOT MAHAVIDYALAYA Sarbari \* Neturia \* Purallia

Course Coordinator

Affiliated to Sidho Kanho Birsha University, Purulia

Department of Botany	
Certificate Course:	
Herbal Planto in India	
Session: (20.2220.23.)	

### Result

### Full Marks:

Sr. No.	Name of Student	Marks Obtained
1.	\$ EMELY SORER	A
2.	JAYASHRI BAURI	B
3.	BOBITA TUDU	13
4.	LIPIKA BANERJEE	A
5.	TRISHNA MANDAL	A
6.	RAJIB BAURI	A
7.	SUJATA BAURI	A
8.	APARNA GORAI	A

Principal
PANCHAKOT MAHAVIDYALAYA
Sarbari \* Noturia \* Purulia

Signature
Course Coordinator



Affiliated to Sidho Kanho Birsha University, Purulia

# PANCHAKOT MAHAVIDYALAYA

SARBARI, NETURIA, PURULIA

Add On/ Certificate Course

Organized by: Department of ...Botany.....

## CERTIFICATE OF COMPLETION

Session: (20.22.-20.23.)

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On/Certificate course entitled:

Herbal Plents in India

for session .....

Iringala Nami:

Course Coordinator

Kimanta Venzi.

Principal Principal Principal PANCHAKOT MAHAVIDYAL

Sarbari - Neturia - Puruli

HOD (Organizing Dept)